

As students have been sitting for a while, and are possibly anxious about conducting, go straight into "Moving with Music" to release some stress for everyone. This pattern will continue through May.

Moving with Music

- 1** "Ready to be my echo? **"Hi ho, hi ho, hi ho!"** (Hi ho, hi ho, hi ho!)
"Rig a jig jig and away we go" (Rig a jig jig and away we go)

Good echoes, but strange words eh? **"Rig a jig jig."** Jig is the name of a special sail on a sailboat. The jig is the sail that moves back and forth to help steer the boat. When you attach a sail to the boat, it's called **"rigging"** the sail. So, **"rig"** and **"jig"** both have something to do with sailing.

- 2** **"Hi ho, hi ho, hi ho"** is the signal to start skipping and the signal to stop skipping in today's moving song. (If you are not sure your class knows how to skip, take a few minutes to try out skipping and, if needed, a few demonstrations.)

Ready to try it out? When I say "Go" find a good moving place in the classroom. When you get to your moving place, put your hands on your heads to show me you're ready to hear the music. "Go." When students are attentive; "Here comes the music. What's the signal to skip, and then to stop skipping? (Hi ho, hi ho, hi ho) If the music stops completely then freeze."

Play the song through once, stopping if needed to encourage listening for the signals.

Key C, first note G(so)

a cappella count-in: 1--2--1--2-as...

Rig a Jig Jig

England
c. 1800s

As I was walk - ing down the street, down the street, down the street, a
friend of mine I chanced to meet, Hi ho, hi, ho, hi, ho!
Rig - a - jig jig and a - way we go, a - way we go, a - way we go,
Rig - a - jig jig and a - way we go, Hi ho, hi ho, hi ho---!

A sea shanty, the Roller Bowler, goes "Hey rig-a-jig-a-jig-a ha ha" as a repetitive phrase (the jig is a kind of sail). It's likely that this skipping game had its origins on the sea. It first appeared in print during the 1800s both in England and the United States.

3 Even though "rigging a jib" is for sail boats, the people in the song weren't sailing were they? Can you name 6 things they were doing? (walking, hopping, stomping, galloping, running, meeting a friend)

Ask for a volunteer to demonstrate each of the moves.

Explain that as they are "walking" they need to meet a friend and skip with the friend until the signal to stop skipping; as they are "hopping" they need to meet a friend etc.

Try the entire song with movement.

This is an opportunity to practise varying ambulation patterns. Repetitive movement on alternating sides of the body helps to develop a healthy brain.

walking
hopping
skipping
stomping
strolling

Verse (movement named) **As I was _____ down the street, down the street, down the street, A friend of mine I changed to meet, Hi ho, hi ho, hi ho!**

Chorus (skipping) **Rig-a-jig jig and away we go, away we go, away we go, Rig-a-jig jig and away we go, Hi ho, hi ho, hi ho!**

4 When students are gathered back in the meeting place ask: "When you did "Rig a Jig Jig," were you dancing?" Explore why students choose "yes" or "no."

English Literacy Link Present Participles

1 Print each verb infinitive ... and beside print its change when used as a present participle. Challenge students to name the verbs that change (double the last consonant) when adding "ing". Review the cause of the change --- vowel plus a consonant (when the stress is at the end of the word).

walk	walking
hop	hopping
skip	skipping
stomp	stomping
stroll	strolling

stop	stopping
sob	sobbing
cut	cutting
admit	admitting
clap	clapping
let	letting

2 Either brainstorm a list of verbs with students, or pre-select 5-6 verbs that do follow the rule and 5-6 verbs that don't change when adding "ing". Print each verb infinitive, then ask students to spell the present participles.

instrumental

go	going
cross	crossing
run	running
saunter	sauntering
gallop	galloping

talk	talking
fill	filling
spend	spending
find	finding

3 Extension: Explore the "ing" rule re final silent "e".

bake	baking
smile	smiling
hope	hoping
paste	pasting
ride	riding

Rig a Jig Jig

walking

hopping

skipping

stomping

strolling



videosong by Lesley J Clare c. 2017 part of Can Do Music
permission given to copy for classroom or home use

Challenge
your
students to
create
their own
versions of
this song.

instrumental

Rig a Jig Jig

going

crossing

running

sauntering

galloping



videosong by Lesley J Clare c. 2017 part of Can Do Music
permission given to copy for classroom or home use